

## 'Caring for Carers'

9<sup>th</sup> August 2010

### Inside This Issue

- 1 Welcome
- 1 Regional Boards
- 1 The National Care Awards
- 2 CIC committed to carers
- 2 Dates for your diary
- 2 Charity Firewalk
- 3 CPBF support lady in Essex
- 3 CPBF helps L.H.
- 4 Mad Hatters Tea Party

---

*Help with one of our  
Regional Boards and  
make a real difference.*

---

## Welcome

Greetings all!

And welcome once again to another edition of the CPBF's newsletter. In the last week we have seen the sunshine disappear and the tropical climate we have become accustomed to peter out. But do not panic as the CPBF is here to brighten up your day as we regale you with stories of the past fortnight and inject a little bit of sunshine back in to everyone's' summer.....

## Regional Boards - Update

The North & Midlands regional board enjoyed its first meeting held at Four Seasons Healthcare's HQ in Wilmslow, Cheshire on the 15<sup>th</sup> July. The 6 member strong team has a good balance to it already and has a mixture of representatives from care home operators to PR and Publishing experts. It is hoped that this strong mix of talent will have no trouble in reaching its fundraising target of £25k by the end of the year.

One of the main points to come out the meeting was the idea of implementing a membership scheme within the charity. The aim is to encourage people to donate to the charity and to receive something tangible in return for their generosity. Watch this space to learn how you can become a member of this worthy cause.

We are aiming to set up Regional Boards in all areas and should you wish to get involved please contact Guy Bosanko on 07827 302321.

**YOU CAN MAKE A REAL DIFFERENCE TO PEOPLE AND WE ARE SURE WE CAN FIND A REWARDING ROLE FOR YOU**

## The National Care Awards

November will see the National Care Awards, organised by Caring Times Magazine, enter its second decade with organisers confident that the event will be more spectacular than ever.

Last years event raised over £23,000 for the CPBF from just the auction and it was no wonder with prizes like an African Safari, an exclusive Golf Break and a day at the races with J.P. Magnier on display.

There will once again be an auction at this years event in aid of the CPBF and organisers are determined to exceed last years total. If you are able to donate a special prize like this please contact Nick Kershaw on **01625 872811**.

Nominations for this years awards are now being taken. To nominate yourself or someone you know please visit [www.careinfo.org/care-awards.php](http://www.careinfo.org/care-awards.php) or call Shital Patel on **020 7720 2108**



## CIC is committed to UK carers

CIC has shown its dedication to UK carers by donating a generous sum to the CPBF. CIC (Community Integrated Care) is one of the largest social and health care charities in the UK, supporting thousands of people with a diverse range of care and support needs. Making the donation on behalf of the charity, CIC Chief Executive, Phil Edgington, said:



“As a care organization with over two decades of experience, we know that we could not achieve even a fraction of our good work without the dedication, enthusiasm and loyalty of our staff. Given how much they give to us, we are more than happy to support an organization that will be there to support them, should they ever be in need.”

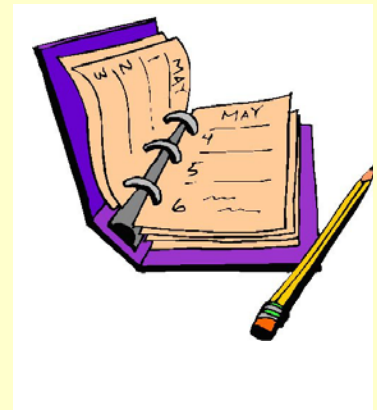
The CPBF continues to be astounded by the support it receives and the generosity shown by organizations such as CIC. The CPBF would like to sincerely thank Phil Edgington and all the staff at CIC for this very kind donation.

## More events planned for 2010

Three more events have been pencilled in to the charity's calendar for 2010. The aim is to make 2010 a truly memorable year for the CPBF by exceeding all expectations on the fundraising front.

There are plans to hold a national Halloween Party on the 30<sup>th</sup> October and glitzy fashion show in December at a top London venue. Robin Cheesman of Milkwood Care and chair of the CPBF's South West regional board is already well under way in the planning of a charity dinner to be held at the Old Royal Navy Club in Portsmouth in November.

If you would like to get involved in any of these events then please contact the CPBF on 01625 872811.



## Fire Inspire – Charity Firewalk

**Thursday 18<sup>th</sup> November 2010 – 15:00 to 20:00 at the Renaissance Hotel, Heathrow, London.**

If you can walk across hot coals, just think what else you could achieve!

Fire Inspire charity firewalk will give you the means to step beyond your comfort zone and to overcome obstacles in your life to achieve your goals in this fun packed event.

To register for this event costs just £25 and then we ask each participant to raise a minimum of £100 prior to the event, which will go to the CPBF (through Just Giving).

To register please contact the CPBF on **01625 872811**.



## CPBF support lady in Essex

The Charity recently received an application for support from C.L., a 55 year old care professional from Essex.

C.L. lives alone in her own privately owned house with no children and was made redundant recently through no fault of her own. As she was on a very limited income to start with she had no savings to get her through this rough time as she tried to look for work.

To compound her misery one of the windows in C.L.'s homes had rotten so badly that it was leaving her exposed to the elements. This was a particular concern as she suffers from hay fever and has thyroid problems for which she takes medication.

Rightly concerned about the upcoming winter and unable to fix the problem herself, C.L. turned to the CPBF who were only too happy to help. The fund got in contact with a local window supplier and released the funds for the essential work to be carried out. An overwhelmed C.L. had this to say:

**"I am extremely grateful for this kind and thoughtful donation. I can now sleep easier at night not having to worry about the cold getting in or the security of my property. Thank you so much".**

---

*'I can sleep easier at night not having to worry about the cold getting in'*

---



---

*One small donation can really change a person's life for the better*

---

## CPBF help L.H.

The CPBF is delighted to be able to help L.H., a 51 year old single mother of one, from Midlothian.

L.H.'s problems began back in 2008 when she was made redundant from a brand new role due to a cut in funding. A subsequent chain of unfortunate events meant that L.H. was left with bills for a new boiler, a broken roof, and re-decoration costs due to water damage.

Having found a new job as a Care Manager she soon found that she was unable to work effectively due to the demands of the role and the stress of the bills hanging over her. She therefore had to leave this role and take up part-time work.

Still with a hole in the roof of her home, L.H. turned to the CPBF for support. As the cost of this repair was not covered under her house insurance the CPBF was happy to pick up the bill, alleviating some of the stress the L.H. was under.

